

# ALLSTAR CHEER



Informational Packet

2024-2025

Ages 4-18

Placements: May 19th 2pm-6pm

For more information:

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Our Mission at Louisiana Athletics is to create an empowering and inclusive environment where every cheerleader thrives. We blend fun and instruction to inspire confidence, cultivate skills, and foster lifelong friendships. Through teamwork, dedication, and passion we aim to not only excel in competitions, but also in character development, preparing our athletes for success both on and off the mat.



# Our Teams

## Half-season Teams:

**Fall Season:** Aug-Dec   **Spring Season:** Jan-May

**Flurry:** Tiny Novice Level 1

Ages 4-6. (No experience required)

Coach Kaitlin, Julia, & Elizabeth

**Lightning:** Mini Novice Level 1

Ages 6-9 (No experience required)

Coach Brooke & Brandon

**Thunder:** Mini Prep Level 1

Ages 6-9. (Some experience required)

Coach Mallory & Sophie

**Avalanche:** Youth Prep Level 1

Ages 6-12 (Experience and some L1 tumbling required)

Coach Donovan & Aubrie



## Elite Teams: July-May

**Earthquake:** Youth Elite Level 1

Ages 6-12   Coach Mallory, Kaitlin, & Talia

**(Experience and strong L1 tumbling required)**

**Wildfire:** Junior Elite Level 2

Ages 9-15   Coach Brooke & Donovan

**(Experience & L2 tumbling, aged out)**

**Moonlight:** Senior Elite Level 3

Ages 13-19   Coach Brooke & Donovan

**(Experience & L2/3 tumbling, aged out)**



# Camp Schedule

## Novice Camp

Flurry Lightning

June 3- June 7

## Prep Camp

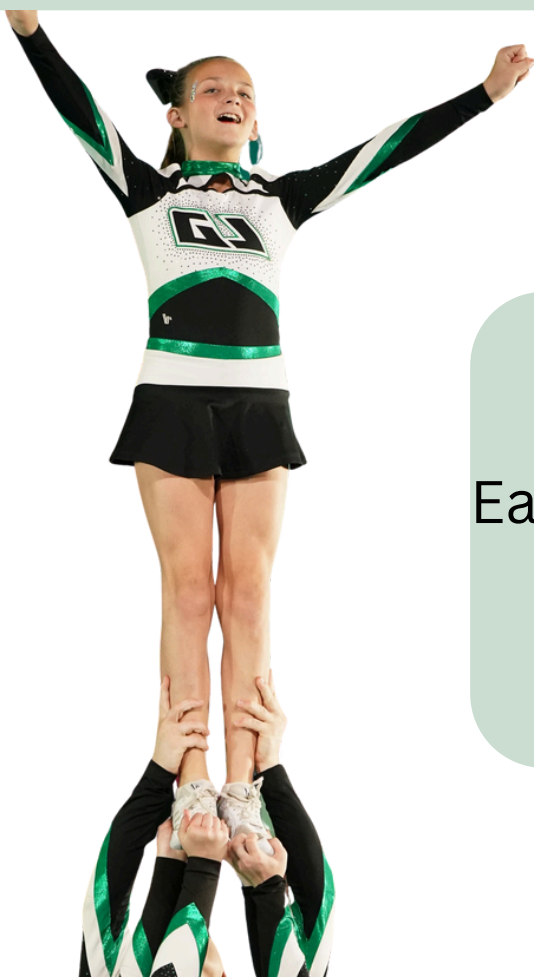
Thunder Avalanche

July 15- July 19

## Elite Camp

Earthquake Wildfire Moonlight

June 24- June 28



### Pricing/Times:

\$169 for full camp 9 am - 3 pm,

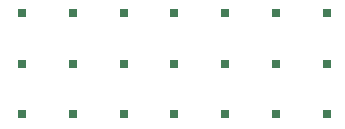
Extended care 7 am - 6 pm available for entire week \$39

Athletes will need to bring a lunch and 2 snacks each day

**Parent performance:**

**Friday 12:30pm**

# Practice Schedule



## Flurry

Sunday 12:30-1:30  
Wednesday 4-5

## Lightning

Sunday 1:30-2:30  
Monday 4-5:30

## Thunder

Tuesday 5-6:30  
Thursday 5:30-7

## Avalanche

Monday 7-8:30  
Wednesday 5:30-7

## Earthquake

Sunday 2:30-4  
Thursday 7-8:30

## Wildfire

Sunday 5-7  
Tuesday 7-8:30

## Moonlight

Sunday 7-9  
Wednesday 7-8:30

## Flyers Class

Sunday 4-5



# Competition Schedule

## Fall Competitions

**November 16th** Jackson, MS (ALL TEAMS)

**December 7th** New Orleans (ALL TEAMS)



## Spring Competitions

**February 23rd** New Orleans (ELITE ONLY)

**March 15th** Mandeville (ELITE ONLY)

**April 5th** Biloxi, MS. (ALL TEAMS)

**May 3rd-4th** Nashville Nationals (ALL TEAMS)

# Novice/Prep pricing

Flurry Lightning Thunder Avalanche

## Monthly tuition \$189 Includes:

ONE tumbling class a week  
TWO cheer practices a week  
1 set of practice wear  
Uniform rental  
Competition bow  
1 Competition fee  
Choreography  
Cheer Music  
Coach travel fees



## Extra Costs:

2nd Set of practice wear \$100  
Shoes \$106  
2nd competition fee \$80  
Team bonding \$15

Costs are divided into 5 months.

**Fall** payments August- December

**Spring** payments January- May



# Elite Pricing

Earthquake Wildfire Moonlight



## Monthly tuition \$199 Includes:

- ONE tumbling class a week
- TWO cheer practices a week
- 1 set of practice wear
- Competition bow
- ALL Competition fees
- Choreography
- Cheer Music
- Coach travel fees



## Extra Costs:

- Uniform & Comp jacket \$275
- 2nd Set of practice wear \$100
- Shoes \$106
- 2 Team bondings \$30

Costs are divided into 11 months.

**Payments-** July-May